THE ILLUMINATION AND GROWTH OF CRL 2688: AN ANALYSIS OF NEW AND ARCHIVAL HUBBLE SPACE TELESCOPE OBSERVATIONS

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ABSTRACT

We present four-color images of CRL 2688 obtained in 2009 using the Wide-Field Camera 3 on *Hubble Space Telescope*. The F606W image is compared with archival images in very similar filters to monitor the proper motions of nebular structure. We find that the bright N–S lobes have expanded uniformly by 2.5% and that the ensemble of rings has translated radially by 0'.07 in 6.65 yr. The rings were ejected every 100 yr for \sim 4 millennia until the lobes formed 250 yr ago. Starlight scattered from the edges of the dark E–W dust lane is coincident with extant H₂ images and leading tips of eight pairs of CO outflows. We interpret this as evidence that fingers lie within geometrically opposite cones of opening angles \approx 30° like those in CRL618. By combining our results of the rings with 12 CO absorption from the extended asymptotic giant branch (AGB) wind we ascertain that the rings were ejected at \sim 18 km s⁻¹ with very little variation and that the distance to CRL 2688, $v_{\rm exp}/\dot{\theta}_{\rm exp}$, is 300–350 pc. Our 2009 imaging program included filters that span 0.6–1.6 μ m. We constructed a two-dimensional dust scattering model of stellar radiation through CRL 2688 that successfully reproduces the details of the nebular geometry, its integrated spectral energy distribution, and nearly all of its color variations. The model implies that the optical opacity of the lobes \gtrsim 1, the dust particle density in the rings decreases as radius⁻³, and that the mass and momentum of the AGB winds and their rings have increased over time.

Key words: planetary nebulae: individual (CRL 2688) – stars: AGB and post-AGB – stars: winds, outflows *Online-only material:* color figures

1. INTRODUCTION

CRL 26887 is the ideal pre-planetary nebula ("pPN") for studying the historical ejection of mass from many asymptotic giant branch (AGB) and post-AGB stars. Optically, its bright \sim 15" nebular core contains a polar (N-S) pair of bright expanding lobes and a dark equatorial (E-W) dust lane, both of which are presumed to have formed at about the same time as the transition from the AGB to post-AGB states of late stellar evolution. These features are characteristic of pPNe in the DUPLEX subclass (functionally, those that contain deep equatorial dust extinction; Ueta et al. 2000; Sahai et al. 2011). In addition, an ensemble of concentric, quasi-circular arcs (hereafter "rings") of total radial extent \$\ge 40''\$ surrounds the lobes and the dust lane. The arcs are spaced semi-regularly with characteristic separations $\sim 1''$. Its proximity to the Earth as well as the high brightnesses of its lobes and the rings make CRL 2688 a particularly productive site to study the morphology and evolution of these features.

CRL 2688 has a wealth of complementary observational information. For example, the visible and near-IR illumination of CRL 2688 consists of direct and scattered light from a carbon- and nitrogen-rich but completely obscured supergiant of apparent spectral type F5 Ia with $T_{\rm eff} \approx 6500$ K (Klochkova et al. 2000; Cohen & Kuhi 1977; Crampton et al. 1975).

Lying adjacent to the nebular center of symmetry are smaller structures seen in the radio continuum (Jura et al. 2000), the mid-infrared (Le Mignant et al. 2007; Goto et al. 2002, hereafter "G02"), and a cavity of diameter 2" seen in ¹²CO (2-1) (Cox et al. 2000, hereafter "C00"). Like the star, these regions are fully obscured within the dust lane at near-IR and visible wavelengths. (We largely ignore them in this paper since they do not appear to affect the structure of Hubble Space Telescope (HST) images.) Further afield, the bases of both of the lobes are especially prominent in the thermal infrared (G02), suggesting that starlight scatters into the lobes through dense and warmed dust that might affect its initial colors. Finally, H₂ emission outlines the perimeter of the dust lane and the tips and edges of the N–S lobes (Le Mignant et al. 2007; Kastner et al. 2001; Sahai et al. 1998a, hereafter "S98a"). The shocked H₂ traces the interaction zones between the (presumably) expanding lobes and dust lane, on the one hand, and the ambient halo containing the rings, on the other.

Lying outside of the lobes and the dust lane, the well illuminated, delineated, and resolved rings of CRL 2688 represent the early history of AGB mass ejection. Hrivnak et al. (2001) found similar but less conspicuous rings in IRAS16594–04656 and IRAS20028+3910. Other rings have been seen in IRAS 17441–2411 by Su et al. (1998), IRAS17150–3224 by Kwok et al. (1998), IRAS19114+0002 by Su 2003, 9 and IRC+10216 by Mauron & Huggins (2000). Of these, the rings of CRL 2688 are the best illuminated and defined. However, aside from their

⁷ Also known as the Egg Nebula, RAFGL2688, V* V1610 Cyg; R.A.₂₀₀₀ = 21 02 18.8, δ_{2000} = +36 41 41, l, b = 080.2–06.5.

⁸ See also the compilation of images of pPNe at www.astro.washington.edu/balick/pPNe/.

 $^{^9}$ www.astro.washington.edu/users/balick/APN/APN_tmeeting_tdocuments/ Tuesday/ksu.ppt

density modulations little is known of the ages, expansion patterns, and ejection histories of any of these ensembles of rings.

The broad focus in this paper is the evolution patterns of the lobes and the rings. Thus, we briefly review observations of their kinematics here. So far the only single-dish CO studies can detect the flux from the entire ensemble of the rings (e.g., Bujarrabal et al. 2001, hereafter B01; Hrivnak & Bieging 2005). Obviously such studies cannot resolve the expansion pattern. Spatially resolved kinematic studies of CRL 2688 consist primarily of ¹²CO observations. C00 found several pairs of fingers confined within the lobes and the dust lane. (C00 elected to associate each of the fingers with collimated "jets.") However, they could not detect the low-brightness halo with the rings in their study. A few years later Fong et al. (2006) observed ¹²CO in CRL 2688 using closer antenna spacings and better sensitivity to large structures. They marginally detected the inner portions of the halo containing the rings, but could not fit an expansion pattern to this zone.

One of our primary science objectives is to probe the structure of mass loss at the times when the lobes and rings first formed through measurements of the proper motions of these features. This science objective is plausible because, as we assert next, the structures in CRL 2688 seen today accurately mimic their geometry at the time of their formation. First, we note that pPNe do not show signs of extended nebular emission lines from species such as H⁺ (though a few show low-ionization emission lines from localized shocks). This is a crucial observation since the onset of nebular ionization drives strong D-type ionization fronts into the neutral gas that are preceded by an expanding supersonic "piston" that can quickly sweep up, displace, and shock heat the upstream gas.

Additionally, unlike mature PNe, there are no traces of rapidly expanding central cavities that are formed by fast winds ($\sim 10^3$ km s⁻¹) that create a hot, sparse central "bubble" (10^6-10^8 K) . The supersonic growth of the bubble displaces and compresses the gas that once occupied its interior (e.g., Kwok et al. 1978; Schönberner et al. 2005; and subsequent papers). Also, there is no evidence of any other forces (e.g., strong embedded magnetic fields) or substantial shock-induced radiative energy losses that impede or alter the structures that have been observed in pPNe. Therefore it comes as no surprise that the dense, bright cores of pPNe are found to expand uniformly (Alcolea et al. 2001; Castro-Carrizo et al. 2002; Sánchez Contreras et al. 2004; Alcolea et al. 2007). In other words, the initial geometries and ejection speeds of the lobes and rings of CRL 2688 are preserved in the reflection nebulae observed now.

There are very few previous studies of proper motions in pPNe and none of their rings. Borkowski & Harrington (2001) were the first to study proper motions in pPNe. They used a pair of images separated by \sim 3 yr to monitor the apparent motions of knots near the symmetry axis of Hen 3-1475. CRL 2688 has no counterparts of these knots. Of more direct relevance, Ueta et al. (2006, hereafter "U06") used a pair of HST/NICMOS images of CRL 2688 at 2 μ m separated by 5.5 yr (unspecified camera and spatial resolution) to study proper motions of the N–S lobes. U06 derived an inclination i of 7.7 from the plane of the sky, a distance D of 420 pc, a stellar luminosity L of $10^{3.5} L_{\odot}$, a total shell mass M of $1.2 M_{\odot}$, and an expansion age $T_{\rm kin}$ of 350 yr. ¹⁰ The north lobe is tipped forward. At this distance 1'' corresponds to 6.3×10^{10} km = 0.0020 pc.

Table 1 Log of *HST*/WFC3 Images of CRL 2688 from G011580

WFC3 Camera	Filter	Filter Center/ Width (µm)	Pixel Size (")	Exposure Time (s)	Archive Data Set
UVIS1/SUB512	F606W	0.59/0.22	0.040	100	IB1M01011
UVIS1/SUB512	F606W	0.59/0.22	0.040	600	IB1M01021
UVIS1/SUB512	F814W	0.80/0.15	0.040	150	IB1M01031
UVIS1/SUB512	F814W	0.80/0.15	0.040	1000	IB1M01041
IR/SUB512	F110W	1.15/0.44	0.128	70	IB1M05RMQ
IR/SUB512	F110W	1.15/0.44	0.128	1178	IB1M05020
IR/SUB512	F160W	1.54/0.27	0.128	47	IB1M05RNQ
IR/SUB512	F160W	1.54/0.27	0.128	1178	IB1M05010

CRL 2688 is close enough (see below), many of its structures are sufficiently bright and sharp, and its foreground extinction is small enough ($A_V = 0.88$ mag) that if a feature has an in-sky motion of 10–20 km s⁻¹ then changes in the structure of its rings can be monitored at high spatial resolution with telescopes such as the "HST" over 5–10 yr. In this study we used high-resolution images from 2002 to 2009 at $0.6\mu m$ from the HST archives. Compared to the NICMOS images used by U06, our data have a smaller diffraction core (FWHM $\approx 0'.067$ after dithering versus \gtrsim 0'.2, depending on the NICMOS camera), lower readout noise and dark current (i.e., better sensitivity to the faint rings), and a slightly longer time base (6.65 yr). Indeed, we successfully measured the aggregate proper motions of sharp features in the rings as well as the lobes. The images are described in Section 2, analyzed in Section 3, and combined with complementary ¹²CO data in Section 5.

A second focus of this paper is an analysis of the scattered light of CRL 2688 as observed in four colors, 0.6, 0.8, 1.1, and 1.6 μm , in 2009. These images are used to constrain a new and detailed model of radiative transfer by dust in order (1) to infer properties of the dust and its distribution and (2) to fit the spectral energy distribution ("SED") of CRL 2688. See Section 4. There have been two prior attempts of radiative transfer modeling of CRL 2688 (Skinner et al. 1997; Lopez & Perrin 2000). Skinner et al. used a dusty outflow with hollow polar lobes, but their geometry was not constrained by high resolution imaging that emerged shortly thereafter (S98a; Sahai et al. 1998b, hereafter "S98b"; Weintraub et al. 2000). Lopez & Perrin proposed a model based on a dust density law smoothly decreasing with latitude from the midplane. However, deep images of CRL 2688 do not support this geometry.

Our major findings are summarized in Section 6 and a brief discussion of viable ring formation mechanisms is presented.

2. DATA CALIBRATION

We obtained dithered images of CRL 2688 using WFC3 (Wide Field Camera 3 Instrument Handbook, version 2.1; Dressel et al. 2010) through four broadband filters, F606W, F814W, F110W, and F160W (Table 1). Detailed characteristics of the camera and its filters are described on the WFC3 Web sites. We obtained dithered short- and long-exposure images through each filter. The F606W and F814W exposures were limited to a single HST orbit in 2009 August. F110W and F160W exposures were obtained during another orbit in 2009 October. All exposures were made with a 512 \times 512 subarray in order to expedite data transmission to the ground. The visible images

 $^{^{10}}$ Note that other inclinations and distances 16° and 1 kpc, respectively, have been suggested by Yusef-Zadeh et al. (1984).

¹¹ www.stsci.edu/hst/wfc3

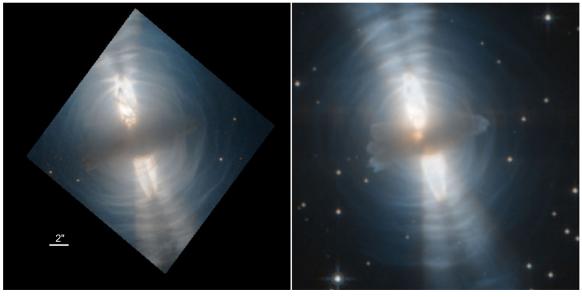


Figure 1. Color overlays of the F606W-F814W (left) and F110W-F160W images (right) shown to the same scale and pixel size (0''.08) with a highly nonlinear contrast function and exaggerated color saturation. The native resolutions of the images are 0''.040 (visible) and 0''.128 (IR). The FOV is 400 pixels or 32''. The color saturation has been enhanced to highlight the color changes.

(A color version of this figure is available in the online journal.)

Table 2 Log of *HST* F606W Images of CRL 2688

Camera	Pixel	Exposure	Observation	GO	Archive
	Size	Time	Date	Program	Data Set
	(")	(s)			
WFPC2/WF	0.10	260	1995 Jul 17	6221	U2RC0303T
WFPC2/WF	0.10	60	1998 Apr 9	7423	U4SHA101R
WFPC2/WF	0.10	200	1998 Apr 9	7423	U4SHA102R
WFPC2/WF	0.10	200	1998 Apr 9	7423	U4SHA103R
WFPC2/WF	0.10	200	1998 Apr 9	7423	U4SHA104R
WFPC2/WF	0.10	200	1998 Apr 9	7423	U4SHA105R
ACS/WFC	0.050	110	2002 Oct 16	9586	J8GH55PLQ
ACS/WFC	0.050	360	2002 Oct 16	9586	J8GH55PNQ
ACS/HRC	0.025	200	2002 Dec 10	9463	J8DI81011
ACS/HRC	0.025	200	2002 Dec 10	9463	J8DI81041
ACS/HRC	0.025	200	2002 Dec 10	9463	J8DI81051
WFC3/UVIS	0.040	100	2009 Aug 5	11580	IB1M01011
WFC3/UVIS	0.040	600	2009 Aug 5	11580	IB1M01021

were initially drizzled onto a 0″.0396 grid, the native pixel size of the UVIS camera on WFC3. A proper motion of 10 km s⁻¹ per decade corresponds to the width of a full F606W–F814W pixel at the assumed distance of CRL 2688 of 420 pc. The infrared images were drizzled to a grid of 0″.128. A few saturated pixels in some images of the lobes were replaced with unsaturated values obtained from short exposures.

Color overlay. The color distribution of scattered light was measured from flux-calibrated WFC3 images in each filter after using bright field stars to align each image. The flux calibration is based solely on calibration data supplied with the images from the standard calibration pipeline. The basic results are shown in Figure 1. In this figure the color saturation and contrast were altered in order to exaggerate the brightness of the faint outer rings and to emphasize the overall color variations.

Proper-motion studies. Only images in the F606W filter were used for measuring proper motions since the archival data in this filter are the highest in spatial resolution and signal-to-noise ratios. Table 2 shows a log of the F606W images

including exposure dates and duration and the original pixel sizes and fields of view. Detecting changes in structure based on images originally made using different cameras at various epochs requires thoughtful image alignment and gridding, the best possible corrections for camera sensitivity variations and geometric image distortions, careful image registration, and well-matched point-spread functions (PSFs). We describe our procedures next.

In every case we used the latest corrections supplied by STScI staff in 2010 May. Note that geometric distortion in the central 512² subfields of the UVIS and IR cameras are very small. Distortions in the Advanced Camera for Surveys (ACS)/HRC camera have been carefully measured since 2002. Corrections for distortion were applied to the pipeline data from the archives using Multidrizzle (described in the 2009 January version of the handbook). Based on *HST* documentation we believe that the systematic errors in the corrections are generally much less than 0.1 pixel (we have no means of confirming this result). In short, large-scale spatial distortions that might materially affect our results should be insignificant.

Image alignment is tricky since no suitable stationary pointlike sources are found in the field of the CRL 2688 images. That is, each of the field stars in the images have idiosyncratic motions relative to CRL 2688. As noted earlier, the nucleus of CRL 2688 is not visible within any of our filter passbands. Thus the images from each epoch and filter were initially aligned from the absolute positions of the images that are stored in the image headers. (These coordinates are based on guide stars, each with its own proper motion.) Then image pairs were aligned empirically using the centers of symmetries of largescale features, such as the lobes and arcs. We are confident that the uncertainty of the image alignment, $\approx 0''.005$, is a small fraction of the PSF of the cameras (FWHM = 0.067 after dithering). The nebular symmetry center agrees closely with the polarization center (Weintraub et al. 2000) and the ¹²CO kinematic center (C00).

¹² www.stsci.edu/hst/HST _overview/documents/multidrizzle/multidrizzle.pdf

Table 3
Methods and Results for Arcs and Rings

Cameras	Interval	Method	M	Exp. Age (yr)
WFPC2-WF3/WFC3	2009.59-1995.54	Difference	0.013 ± 0.003	$1076\% \pm 30\%$
WFPC2-WF3/WFC3	2009.59-1998.27	Difference	0.013 ± 0.003	$871\% \pm 35\%$
WFPC2-WF3/WFC3	2009.59-1998.27	Ratio	0.012 ± 0.003	$943\% \pm 35\%$
ACS-HRC/WFC3	2009.59-2002.94	Difference	0.010 ± 0.002	$665\% \pm 20\%$
ACS-HRC/WFC3	2009.59-2002.94	Ratio	0.009 ± 0.002	$739\% \pm 10\%$

We searched for proper motions of the structures within CRL 2688 in all image pairs. All of our pair-by-pair results and our assessment of their uncertainties are compiled in Table 3. Note that CRL 2688 was observed using the low-resolution (0'.1 pixel-1) WF3 chip in WFPC2 in which the PSF varies noticeably with chip location. Unfortunately, the 1995 image is not sufficiently deep for reliable results of changes in the positions of the faint outer rings. Thus, the result for the 1995-2009 image pairs in Table 3 is based largely on the innermost rings. Moreover, the focus of the WFPC2 camera in 1995 appeared to be poor since we had to convolve the 2009 images to a PSF of 0'.2 to match the PSFs of field stars in the 1995 image. Using the 1998 and 2009 image pairs produced rather somewhat irregular inconsistent patterns of nebular ring growth. In short, our assessment of the systematic errors led us to concerns about the quality of the results obtained using any of the early WFPC2 images for studies of large-scale proper motions that our error estimates may not capture.

The results derived from ACS/HRC (ca. 2002.94) and WFC3 images (ca. 2009.59) are the most credible and the only ones discussed hereafter (6.65 yr time base). Those images were first drizzled onto a 0″.025 grid (the native pixel size of the ACS/HRC image) and the intensities were normalized to the fluxes of three bright field stars. As a check, we confirmed that this image renormalization resulted in an image ratio that is very close to unity in the smooth, bright portions of the lobes, as expected. Therefore any residuals from multi-epoch image subtractions are not artifacts of errors in camera flux calibrations.

Finally, the 2002 and 2009 images were converted from counts per second to units of energy flux, divided (after suitable magnifications to correct for nebular expansion), and examined for changes in surface brightness. The conversion to energy flux is based on the value of PHOTFLAM stored in the image header. PHOTFLAM accounts for the system and filter throughput and the widths of the filters. Values of PHOTFLAM are based on methodical calibrations of the system by STScI staff and are very stable for the F606W filters used in our study.

3. ANALYSIS AND RESULTS

3.1. Image Structures and Color Variations

The structure and color variations of CRL 2688 were presented in Figure 1. The most prominent new features are the following.

- 1. The southern lobe and the pairs of "searchlights" that continue beyond its tips are noticeably redder than the northern lobe and its corresponding pair of searchlights.
- 2. The opening angle of the searchlights widens and the gaps in their centers close noticeably at longer wavelengths. We surmise that the gap is formed by a shadowing obstacle whose edges become more transparent with increasing wavelength.

- 3. The rings are generally bluer in color than the lobes. One exception is where the rings cross the southern lobe that is tipped backward.
- 4. The dark dust lane and especially the fingertips at its extremities are outlined in continuum light in our $1.1 \,\mu\text{m}$ image. This outline is far less prominent in our $0.8 \,\mu\text{m}$ and $1.6 \,\mu\text{m}$ images.
- 5. The north (south) lobe faded by 10%–12% (2%–4%) between 2002 and 2009. The E–W dust faded with an irregular pattern. The northern (southern) quadrant of the lobes faded by 15%–20% (5%–15%). See Figures 2(b) and (c) for the pattern of brightness changes between 2002 and 2009.

N–S lobes. The lobes are flame-shaped emitters that both absorb and scatter starlight radiated into their base. As such, they are probably the main source of illumination for the surrounding ensemble of rings at lower latitudes.

The north lobe is marbled with deep extinction filaments (most with H_2 emission counterparts). Its relatively blue colors are partially attributable to the shorter interior line of sight to its forward-tipped lobe. Also, as pointed out by Cohen & Kuhi (1980), the north (south) lobe is seen in forward- (back-) scattered light. It will appear bluer if the scattering phase function is not isotropic.

The fainter southern lobe is generally smoother in appearance than its northern counterpart and devoid of marbled dust. It divides cleanly into two mirror-symmetric features separated by a gap along its symmetry axis that extends into the searchlights. We surmise that the south lobe is hollow or that the interior gap along its symmetry axis is an illumination shadow cast from the E–W dust lane, or both. The continuous dark gap extending from the base of the southern lobe into the searchlights support the shadow hypothesis without eliminating the idea of a hollow lobe core. It is difficult to tell whether the north lobe is similar in this regard.

Searchlights. The bright searchlights are best explained if the lobes are semi-transparent to starlight when viewed from very high latitude. The red gaps in the searchlights are shadows, as proposed by S98b and others. Each searchlight has a dark core along the nebular symmetry axis. As proposed by S98b and Le Mignant et al. (2007), H₂ knots at the tips of each lobe may be occulting disks that cast shadows into each searchlight. In practice, the exact location of the symmetric pair of dark occulting disks cannot be located in any of our images. They could be anywhere on the symmetry axis, perhaps even somewhere inside the dark E–W dust lane.

E-W dust lane. We noted that the edges of the dust lane are outlined nicely in our $1.1\,\mu\text{m}$ and, to a lesser extent, in the 0.8 and $1.6\,\mu\text{m}$ images. The scattered light follows essentially the same brightness pattern as the shock-excited H_2 . As noted above, the fingertips are especially bright. Given the faintness of the rings at low latitude, it seems unlikely that the fingertips are illuminated from the exterior.

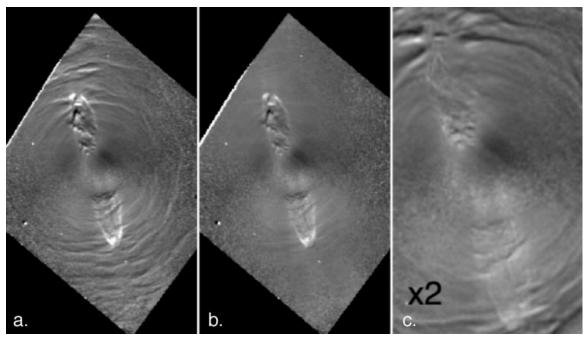


Figure 2. Ratios of flux-calibrated *HST* images of CRL 2688 in the F606W filter in 2002.94 (ACS/HRC) and 2009.59 (WFC3). The intensity display scale ranges from 0.5 (black) to 2.0 (white) in all images. North is up. Left panel (M = 0): the "signal" of structural changes. Middle panel (M = 0.009): best overall flattening of the rings using the magnification method. Right panel (M = 0.025 and the image scale has been doubled): best overall flattening of the lobes using the magnification method. Note that the expanding rings are absent (prominent) in projection on the north (south) lobe implying that the lobes are largely opaque at $0.6 \, \mu \text{m}$.

Close to the geometric center of nebular symmetry the present infrared images show two compact and very reddened features that have no visible counterparts. Both of these lie near the outer edge of the central CO cavity of 2'' in diameter. The brighter of these IR features was identified as "knot A" by G02 in their studies at 3.8 and 4.7 μ m. The same knot appears in Figure 1 and was seen at 1.65 and 2.15 μ m by S98a. The fainter and redder of the two near-nuclear infrared features aligns with a feature at the base of the southern lobe reported by G02. These features are also very proximate to the presumed locations of the two "polar caps" in the scattering model to be described in Section 4.

3.2. Growth Patterns of the Lobes

Methodology. Monitoring changes in the locations of sharp structures must be tailored to the nebular geometry, e.g., changes in a circular feature involve finding a change in its radius. Our efforts to fit the lobe expansion rely on the sharpness of the edges of the lobes and the filamentary dust features in their interior. The earlier image of a registered pair was magnified a factor (1+M), where $M\gtrsim 0$ is a free parameter. The ratio of the magnified earlier image to the newer image of the pair produces a "ratio image" in which radial growth is seen as large-scale dark-light features wherever sharp gradients in intensity are located. ¹³

The signal of structure change is clear when no magnification is applied (M=0). M was incremented until the systematic signals of change were minimized (i.e., "flattened"). The goodness of fit is measured by eye since standard statistical measures of variations are dominated by readout noise, hot pixels, and the strong residuals left by translated field stars. We found that

for the eye, a small range of values of *M* flattens the residuals equally well. This range determines the uncertainty of the fit.

Results. The residual images are shown in Figure 2 for three values of M applied to the ACS/HRC image of 2002.94 prior to forming the ratio image: (1) no magnification (M=0), (2) (M=0.009), and (3) (M=0.025). In the case of the lobes the residuals in the ratio image are very nicely flattened for $M=0.025\%\pm15\%$. In other words, $\Delta\theta_r\propto\theta_r$, where $\Delta\theta_r$ is the radial offset of a lobe feature at a radial offset form the symmetry center at $\theta_r=0$. (N.B.: we were unable to tell whether the same value of M applies to the expansion of the edges of the E–W dust lane.)

This analysis yields an expansion age for the lobes of 6.65 yr/0.025 or 266 yr $\pm 15\%$ in good agreement with the estimate of (1) 350 yr found by U06 based on their comparison of lower-resolution *HST/NICMOS* images spanning 5.5 yr, (2) 200 yr found by Jura & Kroto (1990) for the time since the star left the AGB (assuming a distance of 1 kpc), and (3) the CO kinematic ages of 52–500 yr for various pairs of CO knots embedded in the lobes (C00 after adjusting to D=420 pc). Earlier age estimates require a prior knowledge of the inclination angle i and a distance D and, hence, are less accurate. ¹⁴

3.3. Growth Patterns of the Rings

Methodology. We investigated two models for fitting the growth pattern of the rings: (1) a brief epoch of ring ejection followed by a homologous "uniform expansion" in which $\dot{\theta}_r \propto \theta_r^1$ and (2) "ongoing ring ejections" with constant motions in which $\dot{\theta}_r \propto \theta_r^0$ for each ring. The former suggested itself during

¹³ As a rule, we found that the image ratios are a better measure of alignment than are the differences, at least for the outermost rings. This is because the surface brightness falls off rapidly with radius. So the pattern of differences at the outer edges of the images become very faint. However, the rings can be traced to the noisy outer edges of a ratio image.

 $^{^{14}}$ Ages derived from proper motions are not affected by uncertainties in i or D. However, age estimates based on measured Doppler shifts are very sensitive to any errors in D and $\sin i$, especially when i is small. U06 estimated a lobe inclination of $i=7^\circ$ 7 but could not rule out larger values. All prior estimates of i and D vary from those of U06 up to a factor of two (Yusef-Zadeh et al. 1984). We note that $i\approx 15^\circ$ is nicely consistent with our scattering model in Section 4.

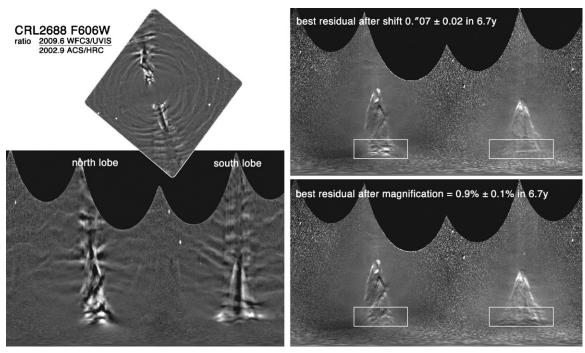


Figure 3. Ratio images of CRL 2688 shown in polar coordinates. Left: unsharp-masked ratio image in Cartesian (upper) and polar coordinates (lower), and assuming M = 0. Top right: Same as lower left except for a radial translation of the 2002.94 image by 0.07 prior to forming the ratio image. Lower right: Same as lower left after a magnification of the 2002.94 image by a factor of 1.009. Although the rings are well flattened throughout most of the lobes in the upper and lower images, faint "ghosts" of the rings are more prominent within the white box.

image alignment, as noted in Section 2. Uniform expansion is the most common Doppler expansion pattern in many other pPNe and PNe (Section 1). On the other hand, the ongoing ring ejection is a popular but thus-far-untested paradigm in which an AGB star is somehow regularly stimulated to eject a bubble of enhanced density or a new compression wave every 10^2-10^3 yr (Section 1) at the same speed (so that the rings do not overtake one another and lose their separate identities). As noted in Section 1, this idea is motivated by the ensembles of concentric rings seen in many other pPNe and PNe.

In order to find the expansion pattern of the rings, the observed images were transformed into polar coordinates and their alignments carefully checked before forming the image ratio. As seen in Figure 3, circular rings and arcs become horizontal lines. On the other hand, if the rings each have the same ejection speed $v_r = D\dot{\theta}_r$ then the entire system of rings will translate by a fixed amount $\Delta\theta_r$ in the radial direction between observing epochs. Thus the residual will be best flattened by applying an optimum choice $\Delta\theta_r$ for the radial translation of the ring ensemble of the earlier image prior to forming the image ratio.

Results. Both models of uniform expansion fit the WFC3 data well. We find that the ratio image is optimally flattened everywhere if we adopt $M=0.009\pm0.002$. The corresponding kinematic age of the ensemble of rings is 6.65 yr/M=740 yr with 20% uncertainty. A very good fit is also found for the constant ring ejection-speed model. A translation $\Delta\theta_r=0.0^{\circ}.07\pm0.0^{\circ}.01$ nulls most of the ensemble as seen in Figure 3. However, strong residual structure is quite conspicuous on both sides of the dark E–W dust lane within the white box shown in this figure. (Ignoring this region presumes that the structure within the white box is part of a different kinematic system such as a lobe or the adjacent dark dust lane.) 12 CO observations discussed in Section 5 will break this degeneracy in the quality of the models.

As noted in Section 1, a study of the growth pattern of the rings is a key result of this paper. However, the present study is limited to arcs within $\approx\!20''$ of the nucleus. Therefore an analysis of multi-epoch images spanning the full $\approx\!80''$ field of the rings seen in the ACS/WFC F606W image of 2002 would be a very useful next step for a better description of the ensemble expansion pattern and the ejection histories of the rings of CRL 2688.

4. MODEL FOR SCATTERED LIGHT

4.1. Overview and Previous Results

The most conspicuous features of the reflection nebula CRL 2688 seen in *HST* images are its highly articulated and symmetric shape. The WFC3 images trace only scattered starlight, some of it multiply scattered. Clearly this provides a highly biased view of the actual density distribution. Therefore, a better assessment of the spatial distribution of dust requires a realistic analysis in which starlight computationally transferred through a series of dusty features of different geometries. In this section we describe a successful model in which each structural component is generally characterized by the geometric features in our images and the dust is described by particles of various sizes, size distributions, and scattering and absorption properties. Details of the model can be found in the Appendix.

4.2. Model Methodology, Strategy, and Assumptions

Constructing a model that simultaneously reproduces the complex structure, color variations, and SED of CRL 2688 is challenging. We have employed the radiation transfer code LELUYA (Vinkovic 2003; see also www.leluya.org). LELUYA is a powerful yet flexible tool which nicely solves the integral equation of the formal solution of radiative transfer including dust scattering, absorption, and thermal emission in two spatial

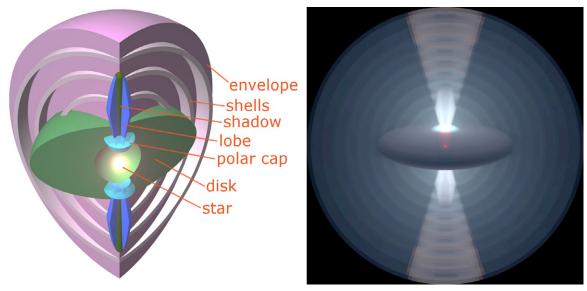


Figure 4. Left: sketch of the two-dimensional model for the circumstellar dusty environment of CRL 2688. All components except the "polar caps" are constrained in their shape by imaging data. Each of the model components is described in the Appendix. Components in the sketch are not shown exactly to scale; for the list of their parameters see Table 4. Right: color rendition of the model images with a nonlinear contrast; blue = $0.6 \,\mu\text{m}$, green = $1.1 \,\mu\text{m}$, and red = $1.6 \,\mu\text{m}$. The emerging light from the nebular core at $4.5 \,\mu\text{m}$ is overplotted in red.

(A color version of this figure is available in the online journal.)

dimensions. The transfer equations are solved on a highly unstructured triangular self-adaptive grid that simultaneously traces both the density gradients and the optical depth gradients over many orders of magnitude in spatial and optical depth space. It allows the user to assign grains of various sizes and particle distributions to each feature. However, LELUYA does not treat polarization and non-isotropic scattering.

We use spherical amorphous carbon dust grains (Hanner 1988). The optical constants for these grains are derived by presuming isotropic scattering and Mie theory. For simplicity we assume that the chemical properties of the dust particles are uniform, i.e., only their size distribution varies from feature to feature.

Constrained and unconstrained model variables. Figure 4 provides a conceptual sketch of the structural components used for the computations. We tried to specify as many modeling constraints from the observed four-color images (Section 2) as possible in order to reduce degeneracy of the results of the model. However, the core of the nebula where the illumination originates is hidden from direct view even beyond 4 μ m (G02) so its structure was initially assumed and then optimized to fit the SED and the patterns of scattered light. We next describe how the many model variables were fixed or fitted.

The dust distribution is shown schematically on the left side of Figure 4 and described in detail in the Appendix. A total opening angle of 30° was adopted for the lobes and the searchlights, 10° for the shadow zone along its symmetry axis, and 40° for the polar caps. The density profile adopted for the caps, the ellipsoidal equatorial disk, the hollow lobes, and the envelope scales as r^0 , $r^{-0.5}$, r^{+1} , and r^{-3} , respectively.

The geometry and density of the polar caps and the radiating area of the star were varied in order to match the SED and color distributions of the structures. We adopted two models for the illumination source with different temperatures, 4000 K and 7000 K. Scattering and absorption of starlight was then followed through the dust features. The particle-size-dependent opacities are taken from Hanner (1988).

Other features are those identified in S98a and the circumstellar cavity noted in C00. The polar caps enclose this cavity close to the star where dust particles initially form. The stellar illumination is launched through annular openings in the caps on its way to the lobes and the searchlights. A distance 420 pc was assumed (Section 1). We treated i as a free parameter to be determined by assuming that the two lobes are of equal brightness and given the dust distribution in the model envelope, tilting the lobes to match their observed brightness ratio.

It is worth noting that we are unable to derive even an approximate dust mass for several reasons. One is that the grain sizes (specifically, the scattering area per unit dust mass) are not tightly constrained by the model. Also, we assume a uniform grain radius or size distribution for each structural component. This is obviously unrealistic. Moreover, we do not try to incorporate scattering by large dust particles into the model. Jura et al. (2000) estimated that the large grains could be at least as large as 5 mm. Such large grains may have a major impact on the derived dust mass.

4.3. Model Results

The success of the model in fitting the data is shown in Figures 4 (right side) and 5. Generally speaking, the overall correspondence of the geometry and color variations of the model and our *HST* images is excellent. Of course, much of this is the direct result of the flexibility in designing the density and dust particle size distribution of the model. The resulting color variations are in good agreement except (arguably) in the faintest outer rings and searchlights where the quality of the images is poorest. The modeled arcs show the basic morphological properties of imaged arcs, even though we use ideal spherical shells in our model. We confirm the estimates by Sahai et al. (1998b) that arcs represent a local density increase by a factor of three. A key feature of the model is that the SED is reproduced very successfully across the spectrum from the visible to the submillimeter (sub-mm).

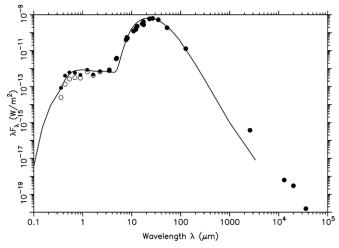


Figure 5. Fit of the predicted SED with observed data points before (open circles) and after (solid circles) corrections for foreground extinction of $A_{\rm V} = 0.88$ (U06).

We note that the long run time of the model made a detailed parameter study of many parameters impossible. Thus it is difficult to assess the uniqueness and the uncertainties on the selection of all of the parameters in the model.

N–S lobes and E–W dust lane. We find that the optical opacity τ of the lobes \approx 2 at 0.55 μ m and that the opacity of the disk is \approx 55 in its midplane. The model image is shown at an inclination angle $i=15^\circ$. This value of i best compensates for the unequal observed surface brightness ratio of the north and south lobes (assuming that both lobes are identical and that scattering is isotropic). The result agrees with the value of $i=16^\circ$ derived from the scattering model for CRL 2688 by Yusef-Zadeh et al. (1984). Even so, the fit to the image morphology and SED is adequate for $5^\circ \lesssim i \lesssim 15^\circ$. A list of other derived model parameters is provided in Table 4 of the Appendix.

Central star. We obtained a bolometric flux of $(1.0 \pm 0.2) \times 10^{-9}$ W m⁻². This result is based on a correction for asymmetric diffuse radiation. The correction arises from the lack of spherical symmetry which is typically ignored in the literature when the luminosity is calculated. That is, more energy is visible from a vantage point along the symmetry axis (large inclination angles) than near the midplane where the disk is blocking the central star (small inclination angles). Our model takes this into consideration. A detailed discussion of this effect is given by Vinković et al. (2004) in their Section A1.

We estimate that the light originates from a star with a luminosity of $5500\pm1100~L_{\odot}$ and a temperature $T_*\sim7000~\rm K$, in close agreement with Klochkova et al. (2000) assuming $D=420~\rm pc$ and $A_{\rm V}=0.88$. The corresponding stellar radius is $0.23\pm0.02~\rm AU~(51\pm5~R_{\odot})$ or $0.56~\rm ms\pm10\%$.

Circumnuclear core. The radiative transfer calculation yields the radius of the dust-free cavity of 46.4 stellar radii, deep within the CO cavity. This value critically depends on the dust condensation temperature, which is in our case $T_{\rm max}=1000~{\rm K}$ in the midplane. Since this value is not a measurement, and because models with other temperatures are viable, we adopted this value to reduce model degeneracy. Newly formed dust near the star is completely obscured in the near-IR spectrum. Thus photometric validation of the model prediction of the size, temperature, and emission flux of the dust-forming zone is not possible.

To first order, the computed dust temperature distribution is dominated by a simple gradient outside of the polar caps near the star. The temperatures in all directions drop smoothly from 1000 K at $\log(r/R_{\rm in}) \sim 0$ to 300 K at $\log(r/R_{\rm in}) \sim 1$ and 100 K at $\log(r/R_{\rm in}) \sim 2$. Here $R_{\rm in}$ is the dust condensation radius (the radius of the inner grid). The dust temperature continues to fall smoothly to the edge of the entire grid at $R_{\rm out} = 600 \, R_{\rm in}$.

With this cavity size and assumed limit on the condensation temperature we can rule out the maximum dust temperature of 330 K as suggested by Lopez & Perrin (2000). Asymmetric diffuse radiation and differences in grain sizes create variations in the highest dust temperature on the spherical surface of dust-free cavity. The large 0.4 μ m grains in disk and lobes experience temperatures from 1000 K at the midplane to \sim 1100 K on the polar axis. In contrast, the small grains (0.01–0.05 μ m) in the polar caps reach 1400 K since smaller grains are relatively inefficient emitters of infrared radiation.

Polar caps. Recall that knot A seen in the infrared (G02 and Figure 1) lies within 1" of the expected location of the north polar cap. It corresponds with the bright zone at the upper edge of the polar cap. Similarly, the fainter infrared knot lies near the expected location of the heavily obscured polar cap at the base of the southern lobe.

Rings. Although the radiative transfer model was designed to reproduce the geometry of the rings, searchlights, and the shadow zone on the nebular symmetry axis, it does not fully capture the color variations outside of the nebular core. The HST images indicate that the searchlights are relatively blue along their full extent whereas the model shows the blue colors are found only where the nearby blue lobes dominate the illumination of the rings. Some of this can be attributed to the two-dimensional nature of the model which cannot accurately treat multiple scatterings.

Two other areas of model-image disagreement are (1) the bright parts of the searchlights and their relatively red edges and (2) the opening angle of the shadow within the searchlight that decreases as the wavelength increases. These problems would probably be resolved if we model the annular aperture that defines the outer edges of both the lobes and the shadow as having "soft" edges with opacity gradients.

Another area of disagreement is that the disk used in the model is darker and thicker than its counterpart seen in *HST* images. This is readily accommodated by a change in the assumed geometry and density of the disk. In reality, the dark disk seems to be highly structured (C00; G02; and Section 3, above), so full agreement with a highly idealized model agreement is not anticipated.

SED. The agreement of the predicted and model SED is one of the major successes of this model. The best fit to the SED is shown in Figure 5. The fit starts to fall below the data at mm wavelengths where thermal radiation from large dust particles dominates. Nonetheless, the overall quality of the fit is far superior to those of previous models (Skinner et al. 1997; Lopez & Perrin 2000).

Dust particles. The dust particle size and size distribution were treated as free parameters and adjusted to provide a satisfactory match to the observed image data and the SED. The data do not tightly constrain these particle sizes. We adopted a uniform grain size of 0.4 μ m for the disk and lobes, 0.2 μ m in the envelope including the rings, and a particle size distribution that scales as (grain radius)^{3.5} in the polar caps. Available imaging and photometry at $\lambda \ge 2 \mu$ m provides a range of constrains on dust properties, optical depths, and guidance on the limits of

the interpretation of our modeling results. The data for the SED were derived from observed fluxes compiled from Ney et al. (1975) and Skinner et al. (1997) and then dereddened using a fixed foreground extinction of $A_{\rm V} = 0.88$ (G06).

Lopez & Perrin (2000) proposed a different radiation-transfer model to explain the features of CRL 2688 based on a dust density law smoothly decreasing with latitude above (and below) the midplane. Their modeled images showed brightness spikes in place of searchlight beams, which is an interesting result considering the simple configuration of their dust geometry. However, these spikes and the overall nebular geometry are simply not in agreement with the searchlights seen in *HST* images. Even so, one of their firm conclusions is that the highest dust temperature is about 330 K, far below the dust condensation temperature and inconsistent with the nebular SED.

5. COMPARISON TO CO DISTRIBUTION AND KINEMATICS

In this section, we combine our results with radio CO studies in order to develop additional information on the history of mass ejection in CRL 2688. As it turns out, many of the CO, the H₂, and the scattered-light features of the lobes and dust lane nebulae agree in location nicely, at least in outline. Thus we can expect that outside of the circumnuclear CO cavity (see below) the volumes that generate the CO lines and the dust that scatters starlight are one and the same. It should be noted that the present *HST* images cannot be used to probe the structure deep within the lobes and the dust lane since the optical opacity exceeds unity (Section 4).

5.1. Structure and Motions in the Lobes and Dust Lane

We first consider the lobes and the dark dust lane. In Section 1, we noted that C00 investigated both the structure and the kinematics of ^{12}CO within the lobes and the dust lane of CRL 2688 using a radio interferometer with 1" spatial resolution. They found seven pairs of finger-shaped outflows bounded by the edges of the lobes and the dust lane. As noted in Section 1, B01 decomposed the Doppler-broadened, nebula-integrated ^{12}CO and ^{13}CO line profiles into an unsaturated "fast wind" of width $\sim\!\pm40~\text{km s}^{-1}$ arising in the inner core where the finger-shaped CO outflows are found plus a saturated "slow wind" of width $\sim\!\pm15~\text{km s}^{-1}$ from the surrounding AGB wind where the rings are located. They and C00 also found a deep and narrow ^{12}CO absorption feature whose velocity is blueshifted by $-18~\text{km s}^{-1}$ from the systemic velocity of CRK 2688.

We summarize the high-resolution observations of the lobes and the dark dust lane by C00. Seven pairs of fingers are revealed, each pair of which consists of outflows with nearly equal and opposite Doppler shifts, as noted in Section 1. As shown in their Figure 2, finger pairs D1–D2 and F1–F2 lie along the leading edges on the N–S lobe. E1–E2 lie at the intersection of the N–S lobes and the E–W dust lane. A1–A2, B1–B2, C1–C2, and G1–G2 are embedded within the dust lane. C00 suspected that each finger may increase in velocity along its length. Bright knots of H₂ and scattered starlight at 1.1 μm are also coincident at the extremities of all of these fingers.

Interestingly, all eight of the fingertips associated with the dust lane also have scattered-light counterparts at 0.8 and 1.1 μ m. Some of the edges of the cone are illuminated by scattered light from the lobes and the rings in our *HST* images. However, the outermost edges of the equatorial dust lane are especially prominent. They are not likely to be illumined from

the exterior since the rings are particularly faint at low latitudes. So it is possible that starlight propagates through hollow CO fingers where it scatters from dusty clumps at the fingertips. Speculatively, the fingers (possibly outflowing jets or bullets) lie within a cone whose opening angle is $\sim 30^{\circ}$ —strikingly similar to the morphology of the ensemble of finger pairs in CRL 618 analyzed by Sánchez Contreras et al. (2002). In other words, the equatorial dust ellipsoid adopted for the two-dimensional scattering model in Section 4 may instead be a pair of cones with a bundle of three pairs of CO fingers inside.

C00 derived the kinematic ages of each finger pair from the distance traversed from the nucleus and the Doppler velocity: $T_{\rm kin} = d_{\rm finger} \div v_{\rm finger} = (D~\theta_r \sin i) \div (v_{\rm Dop}/\cos i)$, where $d_{\rm finger}$ is the distance traversed by each fingertip, $v_{\rm finger}$ is the corresponding speed, D is the distance, and $v_{\rm Dop}$ is the measured Doppler shift of relevant tip. They adopted D=1 kpc and $i=16^\circ$. If each finger pair has a different value of i, as we suspect, and if D=420 pc, then their estimates of $T_{\rm kin}$ need to be revised substantially. Perhaps the best CO measure of the kinematic age of the lobes come from finger G1 at the tip of the N lobe which, after a correction for D=420 pc, is roughly 500 yr. In contrast, our estimate of 250 yr of the expansion age for the outer boundary of the lobes is based on proper motions for which D and i are not needed.

C00 did not attempt to derive the kinematic age for the dark dust lane. However, the separations θ_r and Doppler velocities v_{Dop} are very similar for finger pairs A, B, C, and G in the dust lane, on the one hand, and D, E, and F in the lobes, on the other. It is noteworthy that the fingers, the lobes, and the dust lane may have similar ages in the range of 250–500 yr.

C00 also noted the presence of a small shell-like structure in close proximity to the nucleus whose radius is 1". The CO surface brightness drops precipitously within this shell. We feel that the CO core could alternately be described as a 1" cavity at the center of the core of the CO brightness distribution. The radius of the hole corresponds to the volume within which the dust temperature drops from $\sim\!1000~K$ at its condensation radius of 26 ms to about 100 K at $\approx\!100~times~further~out~(Section~4)$.

5.2. The Kinematics of the Rings

Without short interferometer spacings C00 could not detect the low-brightness, \sim 40" halo outside of the core of CRL 2688 in which all of the rings are situated. However, Fong et al. (2006) used the BIMA array in conjunction with the NRAO 12 m singedish telescope to map CRL 2688 in the $^{12}\text{CO}\ J=1-0$ with \sim 3" resolution. They detected CO from extending from an inner radius of 9" out to the noise level at almost 20". Little velocity structure in this expanding region was reported. This favors a constant-velocity outflow since uniform expansion would produce a large spread of Doppler shifts. But the interferometer's poor sensitivity to very extended structure leaves a large margin of doubt in this conclusion.

B01, C00, and Fong et al. noted the presence of the 12 CO absorption feature that covers the bright core and the more extended halo. As noted first by B01 the absorption arises in the extended slow-velocity component. Presumably this absorption region shares the same volume as the rings. If so, then the rings lie in a foreground region of low velocity dispersion, $\pm 2 \, \mathrm{km \, s^{-1}}$.

The simplest interpretation of this result is that the entire ensemble rings results from repeated ejections, each of them characterized by outflow velocities blueshifted by $-18~\rm km~s^{-1}$. The small CO absorption line width implies little variation in outflow speed over 4000 yr. This result is inconsistent with the

possibility of brief ejection and uniform expansion $(\dot{\theta}_r \propto \theta_r^1)$ in Section 3.3.

5.3. The Distance to CRL 2688

If the ensemble of rings of CRL 2688 expand isotropically, then their proper motion speed, $\dot{\theta}_r = 0.07 \pm 0.01$ in 6.65 yr, is the same as the Doppler shift of the ¹²CO absorption feature from the nebular systemic velocity, $\dot{\theta}_r D = 18 \pm 2$ km s⁻¹. From this we derive $D = 340 \pm 60$ pc. The uncertainty is dominated by the measurement of $\dot{\theta}_r$. Alternately, if we adopt the width of the slow velocity component of B01, 15 km s⁻¹, then D = 280 pc.

6. CONCLUSIONS

Adopting a distance D=420 pc and extinction $A_{\rm V}=0.88$ mag, then optical/IR continuum, CO, and H₂ images can be interpreted consistently as follows (in order of increasing distance from the nucleus).

- 1. The integrated SED and the optical-near IR color distribution is well fitted with a realistic and generally tightly constrained dust density distribution illuminated by a cool (\sim 7000 K) and luminous (5500 L_{\odot}) star.
- The central shell (possibly a hole) in CO is associated with very warm dust at its condensation temperature needed to fit the nebular structure and the SED.
- 3. The lobes and dust lane are at least partially filled with finger-shaped outflows.
- 4. Inclination- and distance-independent expansion ages from the boundary of the lobes implies an expansion age \approx 250 yr. Based solely on CO kinematics, the fingers within the dark dust lane may have a similar outflow age.
- 5. The polar inclination angle lies between 5° and 15°. We favor larger values in order to account for the lower brightness and redder colors of the south receding lobe.
- 6. The system of rings has a kinematic signature that argues for repeated ejections at a constant, regulated velocity, 15–18 km s⁻¹, along the line of sight.
- 7. Ring ejection continued for several thousand years preceding the formation of lobes.
- 8. A fit of the scattered starlight in the rings implies a density that decreases as radius³.
- As a result, the mass and momentum per ring have increased roughly linearly—not unexpected as the luminosity and radius of the star increase during the ascent of the AGB.
- 10. If the rings expand isotropically then we derive a distance of 340 pc \pm 60 pc based on the measured proper motions of the rings and blueshift of the foreground ¹²CO absorption feature.
- 11. At this distance the expansion time between rings—that is, their ejection period—is 100 yr.
- 12. The entire nebula has faded irregularly by an average of ≈10% over the course of 6.65 yr. The northern parts of the nebula faded considerably more than the southern. The changes are more likely the result of changes in the immediate environment of the star than the star itself.

6.1. Evaluating Ring Formation Scenarios

Ramstedt et al. (2008) have provided a thoughtful review of the mechanisms that drive AGB winds. In addition, they successfully fitted models of constant AGB mass loss $\dot{M}_{\rm AGB}$ to the CO profiles of many types of evolved outflow sources.

In contrast we find that $\dot{M}_{\rm AGB}$ increases (\sim linearly) in time. The same result was derived from a careful analysis of CO line profile measurements of other pPNe by Hrivnak & Bieging (2005). Thus the fundamental issue of the evolution of $\dot{M}_{\rm AGB}$ remains generally unresolved.

The process for forming the rings in the AGB winds is a matter of considerable discussion. As noted by Balick et al. (2001) and others, the rings are too closely spaced in time (10^2-10^3) yr to be the result of thermal pulses since the typical interpulse time is 10^5-10^6 yr (cf. Karakas 2010; Karakas & Lattanzio 2007 for $M \le 4 M_{\odot}$ and Z = 0.02). The periods of surface pulsations are far too short (Å1–10 yr) to produce the arcs.

The rings must form at the stellar surface or at the base of the flow since the opacity of the wind to driving radiation rapidly decreases with radius. Their properties were predicted with the appropriate period using a two-fluid hydro model in which recurring large-scale dynamic instabilities alter the grain properties in the winds of a single AGB star (Simis et al. 2001). This concept was extended to two dimensions and applied to C stars by Woitke (2006). Woitke argues that the extra degree of freedom generates local flow instabilities that produce multiple mushroom-shaped ejection events, the leading edges of which produce observable arcs. Soker (2000) proposed that the rings form as the result of periodic cycles of AGB magnetic activity that modulate the effective surface temperature of the star and, hence, the dust formation rate.

Alternately, the rings have been attributed to the periodic effects of a close companion star in an eccentric orbit with a small periastron and the appropriate period to explain the separations of the rings. Harpaz et al. (1997) introduced a class of models in which a companion star or planet passes inside the grain formation region (very close to the star) so as to interrupt the grain formation and, hence, to modulate the density of the wind. He (2007) and Raga et al. (2011) proposed that if the close companion has an orbital eccentricity $e \leq 0.8$ then a spiral wind outflow is extruded. When the observer lies near the equatorial plane, as in CRL 2688, the projected outflow pattern morphs to a series of round arcs on opposite sides of the that plane that alternate in radial displacement by even or odd multiples of the ring half-separation (that is, phased by 180°). ¹⁵ Insofar as CRL 2688 is concerned, the arcs are not sufficiently regular to test this hypothesis rigorously (Figure 3).

Finally, Zijlstra & Bedding (2002) pointed out that the timescales of period changes in long-period "meandering Miras" (\sim 15% of all Miras) and the interejection times of rings are similar. They propose that agreement in these timesscales implies "Mass loss [sic] variations induced by period changes may be one of the causes of the rings" and they cite R Hya as an illustration. (No physical mechanism that connects the phenomena is suggested in that paper.) While the exposed surface of the central star of CRL/2688 is presently too hot to be a long-period Mira, it may have been as recently as a few centuries ago when the lobes were ejected.

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¹⁵ J. Cernicharo (2011, private communication) has proposed a similar model for the rings of IRC+10216.

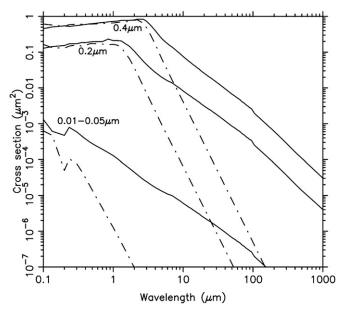


Figure 6. Cross section of dust grains used in our model. Solid lines are absorption, dash-dot lines are scattering cross sections. Grain radii are indicated in the figure. A distribution of grain sizes for the smallest grains (lower curves) is a power law of exponent -3.5.

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Facility: HST (WFC3)

APPENDIX

DETAILS OF THE MODEL

We describe the details of the major structural components used in or derived from the model. The absorption and scattering properties of the dust shown in Figure 6 were adopted for the model, as discussed for each component of the model below.

Star. The central star is not visible in images due to large dust opacity (\approx 55) along the line of sight. Nonetheless, its basic spectral type can be derived from the molecular lines in the spectrum measured in the scattered light from bipolar lobes. Using this approach, Crampton et al. (1975) classified the stellar spectra as of type F5 Ia, while Cohen & Kuhi (1977) argue that it is F2 I. Thus we initially fixed the stellar temperature as a 7000 K blackbody spectrum which is similar to the temperatures suggested by these spectral types.

In the end we found that several combinations of stellar spectral types and adopted reddening properties of the polar caps provide good fits to the nebular colors and the SED provided that we fix the luminosity at 5500 L_{\odot} . For example, a very satisfactory fit is obtained if we fix T_* at 7000 K and impose internal reddening consistent with \sim 2 mag of extinction in the dense polar caps. However, we were also able to create a comparably successful model with a 4000 K blackbody star of about the same luminosity and no internal reddening. If we adopt the early-F-type spectral type of about $L_* \sim 5500~L_{\odot}$ and the necessary internal reddening then the spectral type of the star is between F1-Ib and F3-Ib. (If the distance is doubled then the spectral type becomes F1-Iab and F3-Iab.)

Central dust free cavity. F-type stars are far too hot to form dust in their atmospheres. So we assumed that the innermost dust is located at the perimeter of a (presumed) spherical cavity of radius $R_{\rm in}$ in units of stellar radii. The value of $R_{\rm in}$ is determined in part by the star's luminosity L_* , where $L_* = 5500\% \pm 20\%$ is measured by fitting the SED of the composite nebula at the adopted distance of 420 pc. $R_{\rm in}$ is basically set by the requirement that the temperature along the walls of the cavity, T_{max} , is less than condensation temperature of the dust T_{cond} , although $T_{\rm cond}$ is not known unless the chemical nature of the dust is somehow determined. Unfortunately, the high disk opacity precludes near-IR measurements of the color temperature of the cavity which might at least constrain the adopted value of T_{max} . For the same reasons the size and geometry of the cavity cannot be measured. Moreover, we found that suitable models could be developed over a substantial range of adopted values of T_{max} . Ultimately we simply adopted $T_{\text{max}} = 1000 \text{ K}$ in the midplane. It then follows that $R_{\text{in}} = 46.4 R_* = 0.56 \text{ ms}$ with a formal error of 10% based on luminosity uncertainties. (Given the many assumptions, the actual uncertainty is obviously larger.)

Disk. Imaging reveals a dense, flattened, and modestly articulated dusty structure in the midplane of CRL 2688. Its irregular shape is exposed by multiply scattered starlight from the lobes (see Figure 1) and supported by the morphologies of $\rm H_2$ and radio molecular images noted earlier. For modeling purposes we call this structure an oblate "disk." The SED slope between 0.35 and 3.6 cm points toward emission from large dust grains, with sizes of 0.5 cm or more (Jura et al. 2000). On the other hand, the 3.8 and 4.7 μm images by G02 showed that the dust grains are not larger than $\sim\!\!0.2\,\mu m$.

This mismatch is a result of inhomogeneous spatial distribution of grain sizes, where large grains probably exist closer to the star in the irregular core of the dusty structure, while smaller grains dominate the opacity in the outer edges of the disk. We simplify the disk structure using single-grain dust of size $0.4~\mu m$ with a radial density distribution that varies as r^a , where r is the distance form the star and a is a free parameter. We adopted an oblate ellipsoidal disk shape with bipolar lobes carved out at polar angles $\lesssim 15^{\circ}$. For simplicity we assume that the edges of the bipolar cones are abrupt, so that the shadow that they cast in the envelope is sharply defined. The semimajor axis of the disk is $\sim 7''$ and the semiminor axis is $\sim 1''.8$. The disk's midplane optical depth is adequate to hide the star at $\lambda \lesssim 4.5~\mu m$.

Polar caps. Polar caps are a vital construct of the model that collimates the light that both illuminates the lobes and escapes to form the searchlights. From the Earth the line of sight to the caps traverses the dense disk, so the caps are not fully visible directly in *HST* images in F606W and F814W. (Parts of the

caps may be seen through patchy extinction in the F110W and F160W images.)

We noticed that without the caps, the scattering model for illumination from a central star of $T_* \approx 7000$ K produces lobes that are too bright and too blue to fit the data. Thus the starlight is modulated by an unobserved and compact region of dense dust. The only way to fit the shape of spectral continuum in the visible range with a 7000 K star is to redden and partially absorb the light that enters the lobes to match the illumination expected from an illumination source ≥4000 K. In essence, the caps are dust density enhancements at the base of lobes and, so, may be parts of a single entity. However, the requisite dust grains differ in size from the larger ones, $0.4 \mu m$ used in the lobes and the disk. The dust in the caps consists of particles from 0.01 to $0.05 \,\mu\mathrm{m}$ that follow a radius^{-3.5} size distribution as shown in the lower curve of Figure 6. Without observations the density of these grains is difficult to characterize. We adopted a constant density ρ_{cap} within a cone segment where the cone height R_{cap} and the opening angle $\theta_{\rm cap}$ are free parameters. This high-density cone is added to the densities of the lobe and disk present in this region.

Lobes. The bipolar lobes are the brightest of all features detected in our images of CRL 2688. The (identical) lobes have sharp edges in HST images, which enables precise tracing of their geometry for distances larger than about 1".5 from the position of the central star. Our model is symmetric with respect to the midplane. We analytically describe the shape of each lobe as an axially truncated cone with apex at the nucleus plus half of an ellipsoid of semimajor axis = 7'' attached to the base of the cone (Figure 4). They join where their mutual widths are 1".26. The cones have a total opening angle of 30°. The internal densities follow a power law, r^b , where b is varied to reproduce the observed radial trends in lobe surface brightness. We adopted an isotropic dust scattering function. Dust grain size in lobes must be dominated by grains larger than about 0.1 μ m to assure that the lobes remain bright as seen in near-infrared images. For simplicity we adopted the same dust properties as in the disk.

Although the lobes are directly illuminated by the central star, their surface brightnesses are almost flat owing to multiple interior scatterings. However, the northern lobe is observed to be slightly brighter then the southern lobe. The only way how we can achieve this asymmetry is through an axial inclination of angle i and the assumption of internal reddening within the envelope. A value of $i \sim 15^{\circ}$ provides a good match to the lobe ratio for the properties of the envelope that we assumed. Smaller values of i provide slightly better fits to the projected appearance of the arcs illuminated within the searchlights.

Based on their HST imaging, S98b proposed a model for searchlight beams where the starlight initially escapes through a clear hole on the polar axis near the nucleus. A shadow zone within the searchlight is the result of shadows cast by a pair of extended knots lying at the outer tips of the lobes. The existence of the knots is motivated by features seen at the tips of the lobes seen in H_2 and CO images. In principle, the shadow-casting knots can be located at any radius along the polar axis. We created an annular aperture by locating a cone of enhanced density within each lobe whose opening angle, 10° in total, to fit the shadow edges within the searchlights. The dust within this inner cone is like that in the disk and outer lobes. Its density varies as r^c where c is determined by fitting the darkness of the shadows.

Envelope. CRL 2688 shows a faint spherical nebulosity out to angular radii $r \sim 40''$ from the star. We call this region the nebular "envelope" within which thin spherical shells mimic the conspicuous co-centric rings or arcs of varying size and brightness. For simplicity and speed we fixed the envelope radius to be twice the size of the lobes, $\sim 15''$. This is big enough to analyze the properties of the rings and to collect all the flux at mid-IR wavelengths where the SED reaches its maximum and begins to decline.

We use dust of uniform radius in the envelope. The grain radius is a free parameter. The envelope density profile is constrained by its measured brightness in scattered light. To match the general properties of the observed envelope we assume that the dust density distribution $\propto r^{-3}$ (i.e., a massloss rate that increases linearly with time for constant outflow velocity, a common feature among pPNe [Hrivnak & Bieging 2005]). This produces a brightness profile $\sim r^{-4}$, similar to the measured trend of $\sim r^{-3.7}$ found by \$98b. The composite image on the right side of Figure 4 shows a bluish color of envelope compared to the disk color, indicating that the envelope contains smaller grains than the disk and the lobes. However, the color of the searchlights is blue only in proximity to the blue lobes that illuminate them locally after multiple scattering. The color reddens at larger radii where starlight emerging from the caps is the primary light illumination source. This trend is not observed in our WFC3 images, perhaps because the grains in the envelope contain many smaller particles than those we used in the model.

Shells. S98b concluded that the observed rings (represented by spherical shells in our model) are local density enhancements. They argued that a density enhancement by a factor of three yields a brightness increase of a factor of two. We used these density enhancement values relative to the ambient density of the background envelope that declines as r^{-3} . Since observed arcs are broken and deformed, our aim is not to reproduce them in detail and we focus only to their general brightness properties.

Spectral energy distribution. Matching the SED is one of the greatest challenges—and successes—of our model. We fitted the SED after assuming that interstellar dust along the line of sight reddens the visible and near-IR light, as described in Section 4. However, we note that we also managed to derive successful models of the SED without interstellar reddening, but this is merely of academic interest. We also plot centimeter fluxes from Jura et al. (2000) even though our model does not address the emission at radio wavelengths. Presumably the radio λ mm and sub-mm flux is the direct result of thermal dust emission which is outside the scope of our model.

Technical Details of the Model. The fitted model parameters are listed in Table 4. Some do not have units. The reason is that the model works with dimensionless variables, where the scale is set by the optical depth. Thus we do not parameterize the mass and density of dust particles in physical units. The absolute scale is set by the total radial optical depth in the midplane. A detailed discussion on this modeling issue is given in Vinkovic (2003).

The dust densities are not explicitly specified in the model because the absolute density values are scaled out in radiative transfer equations and replaced with scattering and absorption optical depths. The calculation determines the optical depth along an arbitrary radial line and an arbitrary wavelength. We use the optical depth $\tau_{0.55}$ in the midplane at 0.55 μ m. The overall algorithm describing dust density at a point (x, y, z), for a given semimajor axis of disk, $R_{\rm disk}$ (semiminor axis = 0.25 $R_{\rm disk}$) and lobe $R_{\rm lobe}$ (semiminor axis = 0.18 $R_{\rm lobe}$), can be symbolically described as

Table 4List of Model Parameters

Parameter Description	Parameter	Value	Comment			
Lobe optical depth along polar axis	$ au_{ m lobes}$	2	Required to explain the lobe colors			
Disk optical depth in the midplane	$ au_{ m disk}$	55	It has to be large to hide the star in the near IR; additional constraint comes from the strength and spectral shape of mid-IR flux; variations within 10% are acceptable			
Outer grid radius	$R_{\rm out}$	600 R _{in}	Arbitrarily fixed; the detected nebulosity extends further out			
Stellar temperature	T_*	7000 K	Blackbody spectrum			
Maximum dust temperature in the midplane	$T_{ m max}$	1000 K	Poorly constrained; models with larger or smaller $T_{\rm max}$ are allowed; this is maximum temperature of dust grains in the midplane			
Disk density profile	r^a	a = -0.5	Poorly constrained; variations $\pm 100\%$ are allowed			
Disk semimajor axis	$R_{ m disk}$	300 R _{in}	This value of R_{disk} corresponds to 7"-8" (based on the luminosity derived from the SED fit)			
Disk, lobe, and shadow dust grain radius		$0.4\mu\mathrm{m}$	See Figure 6; poorly constrained			
Lobe density profile	Br^b	$B = 2 \times 10^{-5}$ $b = 1$	Constrained by lobes brightness; <i>B</i> has to be small enough to make lobes optically thin			
Lobe semimajor axis	$R_{ m lobe}$	$300 R_{\rm in}$	Based on luminosity derived from the SED fit, this value of R_{lobe} corresponds to $7''-8''$			
Lobe opening angle	$\theta_{ m lobe}$	30°	Constrained by lobe images			
Shadow opening angle	$\theta_{ m shadow}$	10°	Constrained by "searchlights" images			
Shadow density profile	Cr^c	C = 2000 $c = -3$	Poorly constrained, but its optical depth has to be larger than 1; steep density profile puts the most of optical depth in the base of lobes			
Polar cap density	Q_{cap}	6500	Equivalent to the optical depth of \sim 2 at 0.55 μ m, which dims and reddens the starlight entering the lobes			
Polar cap radius	$R_{\rm cap}$	2 <i>R</i> _{in}	Poorly constrained; optical depth of the cap is the key parameter			
Polar cap opening angle	$\theta_{ m cap}$	40°	Poorly constrained, but it must be $>\theta_{\rm lobe}$ lobe opening angle; optical depth of the cap is the key parameter			
Envelope density profile	Dr^{-3}	$D = 4.2 \times 10^4$	Constrained by the envelope brightness profile			
Envelope dust grain radius		$0.2\mu\mathrm{m}$	See Figure 6; poorly constrained; must be large enough to keep envelope brightness high in the near IR, but smaller than grains in the disk			
Geometrical thickness of shells	$\Delta r_{ m shell}$	15 $R_{\rm in}(0''.39)$	Poorly constrained because arcs are of irregular shape and thickness			
Radial distance between shells	$dr_{\rm shell}$	$35 R_{\rm in}(0\rlap9)$	Poorly constrained because arcs are of irregular shape and thickness			
	Derived Parameters					
Inclination angle	i	15°	Constrained by the brightness asymmetry between the northern and southern lobes			
Bolometric flux (W m ⁻²)	$F_{ m bol}$	$(1.0 \pm 0.2) \times 10^{-9}$	Fit to the data gives 12% smaller flux, while this value takes into consideration the asymmetry in diffuse radiation			
Luminosity (L_{\odot})	L_*	5500 ± 1100	Based on 420 pc distance and SED fit			
Stellar radius (R_{\odot})	R_*	$51 \pm 5R_*$ $0.56 \pm 0.05 \text{ ms}$	Based on luminosity, stellar temperature, and distance = 420 pc			
Dust condensation radius	$R_{\rm in}$	46.4 <i>R</i> _* (0″.026)	Critically depends on $T_{\rm max}$, after that on $\tau_{0.55}$ and optical properties of dust in disk			

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r = x^2 + y^2 + z^2
if (r < 1) then density=0
else if (x < z \cdot \tan(\theta_{lobe}/2) \text{ AND } x^2 < 0.18^2 \cdot (R_{lobe}^2 - z^2))
if (x < z \cdot \tan(\theta_{shadow}/2)) then density \propto r^c
else density \propto r'
} else if (z^2 < 0.25^2 \cdot (R_{disk}^2 - x^2)) then density \propto r^a
density \propto r^{-3}
if (r within shell) then density \equiv 3 \cdot \text{density}
if (r < R_{cap} \text{ AND } x < z \cdot \tan(\theta_{cap}/2)) density \equiv density +
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